

Evolution du Codage ICD-9, ICD-10 de la Classification Internationale des Troubles du Sommeil

Présentation des résultats de la Task Force de l'AASM

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La révision de la classification internationale des maladies a ouvert une porte pour la meilleure appréhension des pathologies du sommeil. Un groupe a été constitué au sein de l'académie Américaine de Médecine du Sommeil dans le but de proposer une évolution des codages associés aux pathologies du sommeil aussi bien pour la classification actuellement en cours ICD 9 que pour la future ICD 10. Cette proposition a été élaborée notamment sous la supervision de **Peter Hauri et Bart Sangal, Sam Fleishman, Marc Raphaelson.**

F51 Sleep disorders not due to a substance or known physiological condition

Excludes2:sleep disorders (organic) (G47.-)

F51.0 Insomnia not due to a substance or known physiological condition

Primary insomnia

F51.01 Psychophysiological insomnia

F51.02 Paradoxical insomnia

F51.03 Adjustment sleep disorder (acute insomnia)

F51.04 Inadequate sleep hygiene

F51.05 Behavioral insomnia of childhood

F51.09 Other insomnia not due to a substance or known physiological condition

Excludes2:insomnia (due to known physiological condition) (G47.0)

F51.1 Hypersomnia not due to a substance or known physiological condition

F51.11 Insufficient sleep syndrome

F51.19 Other hypersomnia not due to a substance or known physiological condition

Excludes2:hypersomnia (due to known physiological condition) (G47.1)

narcolepsy (G47.4)

F51.2 Circadian rhythm sleep disorder not due to a substance or known physiological condition

Psychogenic inversion of nyctohemeral rhythm

Psychogenic inversion of sleep rhythm

Excludes2:disorders of the sleep-wake schedule (due to a known physiological condition) (G47.2)

F51.20 Circadian rhythm sleep disorder not due to a substance or known physiological condition, unspecified type

F51.21 Circadian rhythm sleep disorder not due to a substance or known physiological condition, jet-lag type

F51.22 Circadian rhythm sleep disorder not due to a substance or known physiological condition, shift-work type

F51.23 Circadian rhythm sleep disorder not due to a substance or known physiological condition, delayed sleep phase type

F51.24 Circadian rhythm sleep disorder not due to a substance or known physiological condition, advanced sleep phase type

F51.29 Other sleep disorder of circadian rhythm not due to a substance or known physiological condition

Excludes1:circadian rhythm sleep disorder not due to a substance or known physiological condition (F51.2-)

F51.3 Sleepwalking [somnambulism]

F51.4 Sleep terrors [night terrors]

F51.5 Nightmare disorder

Dream anxiety disorder

F51.8 Other sleep disorders not due to a substance or known physiological condition

Environmental sleep disorder

F51.9 Sleep disorder not due to a substance or known physiological condition, unspecified

Emotional sleep disorder NOS

G47 Organic sleep disorders

Excludes2:

nightmares (F51.5)

nonorganic sleep disorders (F51.-)

sleep terrors (F51.4)

sleepwalking (F51.3)

G47.0 Organic disorders of initiating and maintaining sleep [organic insomnias] Insomnia NOS

G47.01 Idiopathic insomnia

G47.02 Fatal familial insomnia

G47.09 Other insomnia due to a known physiological condition

Excludes2:insomnia not due to a substance or known physiological condition (F51.0)

sleep apnea (G47.3-)

G47.1 Organic disorders of excessive somnolence [organic hypersomnias]

Hypersomnia NOS

G47.11 Recurrent hypersomnia

G47.12 Idiopathic hypersomnia with long sleep time

G47.13 Idiopathic hypersomnia without long sleep time

G47.19 Other hypersomnia due to a known physiological condition

Excludes2:hypersomnia not due to a substance or known physiological condition (F51.1)

sleep apnea (G47.3-)

G47.2 Organic disorders of the sleep-wake schedule

Sleep-wake schedule disorder NOS

G47.21 Circadian rhythm sleep disorder, primary, delayed sleep phase type

G47.22 Circadian rhythm sleep disorder, primary, advanced sleep phase type

G47.23 Circadian rhythm sleep disorder, primary, irregular sleep-wake type

G47.24 Circadian rhythm sleep disorder, primary, free-running type

G47.29 Other circadian rhythm sleep disorder due to a known physiological condition

Excludes1:circadian rhythm sleep disorder not due to a substance or known physiological condition (F51.2-)

G47.3 Sleep apnea

Code also any associated underlying condition

Excludes1:pickwickian syndrome (E66.2)

sleep apnea of newborn (P28.3)

G47.30 Sleep apnea, unspecified

Sleep apnea NOS

G47.31 Central sleep apnea

G47.32 Obstructive sleep apnea, adult

pediatric

G47.34 Sleep-related non-obstructive alveolar hypoventilation, idiopathic

G47.35 Congenital central alveolar hypoventilation syndrome

G47.39 Other sleep-related breathing disorder due to a known physiological condition

G47.4 Narcolepsy and cataplexy

G47.41 Narcolepsy with cataplexy

G47.42 Narcolepsy without cataplexy

G47.49 Other narcolepsy due to a known physiological condition

G47.5 Parasomnia

G47.51 Confusional arousals

G47.52 REM sleep-behavior disorder

G47.53 Recurrent isolated sleep paralysis

G47.59 Other parasomnia due to a known physiological condition

G47.6 Sleep-related movement disorder

G47.61 Restless legs syndrome

G47.62 Periodic limb movement disorder

G47.63 Sleep-related leg cramps

G47.64 Sleep-related bruxism

G47.65 Sleep-related rhythmic movement disorder

G47.69 Other sleep-related movement disorder due to a known physiological condition

G47.8 Other organic sleep disorders

Sleep-related epilepsy

Sleep-related headaches

Sleep-related gastro-esophageal reflux disease

Sleep-related coronary artery ischemia

Sleep-related abnormal swallowing

Sleep-related choking

Sleep-related laryngospasm

REM sleep-related sinus arrest

G47.9 Organic sleep disorder, unspecified

Sleep disorder NOS

Cette proposition (qui est encore susceptible d'adaptations) sera présentée à l'occasion de la réunion du NCHS qui se tiendra à Baltimore (USA) le 5 Décembre prochain. Les diagnostics listés devraient faire l'objet d'une intégration dans les révision ICD9 et 10 de la classification internationale des maladies.

La traduction des diagnostic listés devra par la suite faire l'objet d'une discussion de façon à proposer les termes les plus appropriés (p.ex traduction de sleep related au moyen du suffixe « morphéique » ou du préfixe « hypno »).

Le document dans sa version de travail est disponible sur le site :

<http://up2sv.free.fr/ICSD>